

The Serenity Prayer

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

Al-Anon Twelve Steps

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Al-Anon Twelve Traditions

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

What is Al-Anon/Alateen?

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon's Purpose

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Membership

The only requirement for membership is that there be a problem of alcoholism in a relative or friend. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

No Affiliation

Al-Anon is not allied with any sect, denomination, political entity, organization or institution, does not engage in any controversy, neither endorses nor opposes any cause.

Beginners/Newcomers

Three specific Beginners' Meetings are currently available on Monday, Tuesday and Friday. You are always welcome to attend any meeting on the schedule.

NOTES & PHONE NUMBERS

Need Where and Whens?
Need to make Changes?

afg150grouprecords@gmail.com

January 2018

ARE YOU AFFECTED BY
SOMEONE'S DRINKING?

Al-Anon & Alateen Meeting Schedule



"Where & When"

24 hr HELP Line
941-564-5098

Area 10 Website:
www.SouthFloridaAl-Anon.org

For Lee & Hendry Counties
FT. MYERS * NORTH FT. MYERS * FT. MYERS BEACH
CAPE CORAL * SANIBEL * CAPTIVA * LEHIGH ACRES
LABELLE * PINE ISLAND

Area 10 Florida South, Inc.
P.O. Box 110638
Naples, FL 34108

District 150 A.F.G.
P.O. Box 61634
Fort Myers, FL 33906-1634

SUNDAY

6:00 PM YOU'RE NOT ALONE ON SUNDAY
C/ST/D/ YANA Foundation (Small Side Room)
T&CON/S/AA 1185 Lake McGregor Drive, Fort Myers
***Possible location and time change after Jan 1, 2018 ***
For info email afg150grouprecords@gmail.com
or visit: www.southfloridaal-anon.org/meetings/district-150-meeting-information

7:30 PM ISLAND RECOVERY (Nov-Mar)
C/D Pine Island United Methodist Church
Seasonal 5701 Pine Island Rd., Bokeelia
In Library

MONDAY

10:00 AM MOVING FORWARD AFG
O/D Faith Lutheran Church
705 Leeland Heights Blvd, Lehigh Acres

2:00 PM KEEP IT SIMPLE
O/D Dry Palms Foundation
1251 Lamar Road, North Fort Myers

6:00 PM PATHFINDERS AFG
C/D/LD Ft Myers Christian School
1550 Colonial Blvd, Fort Myers

7:00 PM BEGINNERS' MEETING
B/D/O BEGINNING ANEW
1st United Methodist Church, Room #105
4118 Coronado Pkwy, Cape Coral

8:00 PM BEACH MONDAY NITE
O/D/AA Chapel by the Sea
100 Chapel Street, Fort Myers Beach

TUESDAY

8:30 AM AL-ANON GROUP
C/ST Sanibel Community Church
Room #131—Jerry's Side
1740 Periwinkle Way, Sanibel Island

10:00 AM BEGINNERS' MEETING
10:30 AM CIRCLE OF LOVE
B/D/O First Baptist Church (Doors Del Prado side)
4117 Coronado Pkwy, Cape Coral

10:00 AM KEEP THE FOCUS ON US
O/D Dry Palms Foundation
1251 Lamar Road, North Fort Myers

6:30 PM LET IT BEGIN WITH ME
C/D/T/AA St. Columbkille Catholic Church Ministry Bldg.
12171 Iona Rd. (Room 2), Fort Myers

TUESDAY (continued)

7:30- SERENITY STAIRWAY
8:30 PM SalusCare/United Way (Across from CCPD)
O/S/D 1105 Cultural Parkway, Cape Coral

8:00 PM NEW BEGINNINGS
C/D/ST/S YANA Foundation (Large Main Room)
1185 Lake McGregor Drive, Fort Myers

WEDNESDAY

11:30 AM WE ARE NOT ALONE AFG
C/D YANA Foundation
1185 Lake McGregor Drive, Fort Myers

6:00 PM SANIBEL NEW HOPE
O/D/ST/T/S Sanibel United Church of Christ
2050 Periwinkle Way, Sanibel Island

7:00 PM 12 & 12
C/ST/AA YANA Foundation (Small Side Room)
1185 Lake McGregor Drive, Fort Myers

8:00 PM WE SHARE WOMEN'S MEETING
O/S/T/D/W First Baptist Church (Doors Del Prado side)
4117 Coronado Pkwy, Cape Coral

8:00 PM MEN'S MEETING
O/D/M First Baptist Church (Doors Del Prado side)
4117 Coronado Pkwy, Cape Coral

THURSDAY

10:30 AM Circle of Love
O/ST/LD First Baptist Church (Doors Del Prado side)
4117 Coronado Pkwy, Cape Coral

1:00 PM LIVING THE STEPS
C/D/ST/AA St. Columbkille Catholic Church Ministry Bldg.
12171 Iona Rd., Fort Myers

6:30 PM - AFG District 150 Monthly Meeting
8:30 PM *THIRD THURSDAY OF EVERY MONTH*
All Members Welcome! Fort Myers Christian School
(First Assembly of God Campus)
1550 Colonial Blvd, Fort Myers
Room 131

7:00 PM JOY OF RECOVERY
O/D Covenant Presbyterian Church
2439 McGregor Blvd. Room D3, Fort Myers

THURSDAY (continued)

7:00 PM LABELLE AFG
O/D/AA First Christian Church
138 Ford Ave. (Near Lee Street), LaBelle

8:00 PM PINE ISLAND AFG
C/D/AA Fishers of Men Lutheran Church
10360 Stringfellow Road, Pine Island

8:00 PM SHARING TOGETHER AFG
O/D/ST/T Riverside Church #130
(K-1st Lime Green Rm)
8660 Daniels Pkwy., Fort Myers

FRIDAY

10:30 AM FRIDAY MORNING AFG
B/D/O Seasonal Sept-May
Faith Presbyterian Church
4544 Coronado Parkway, Cape Coral
(Behind Sanctuary bldg. Back Right of Parking lot)

12:00 PM DAYTIME AL-ANON
Noon Sanibel Community Church
C/D/LD 1740 Periwinkle Way, Sanibel Island

12:00 PM HOW IT WORKS
Noon Estero United Methodist Church
O/D/LD 8088 Lord's Way Street, Estero
(Meeting in Worship Hall)

12:00 PM FRIDAY NOON AL-ANON Mtg
Noon Grace Church Olga-Ft Myers Shores
O/D/LD 14036 Mantanzas Dr, Ft Myers
(follow Signs on Left fm worship hall to classrooms)

6:00 PM DAYS OF HOPE
C/D/LD/AA Iona Hope
9650 Gladiolus Dr., Fort Myers

SATURDAY

9:00 AM SERENITY SEEKERS
C/D/ALT* YANA Foundation (Large Main Room)
S/T/CON 1185 Lake McGregor Drive, Fort Myers

9:15 AM DISCOVERING CHOICES
LD/AA Faith Methodist Church
15690 McGregor, Blvd, Fort Myers

AL-ANON Family Group Headquarters, Inc.
World Service Offices
1600 Corporate Landing Parkway
Virginia Beach, VA 23454
Meeting Information: 800-344-2666
www.al-anon.alateen.org

ALATEEN MEETINGS

9:00 AM YOUNG SERENITY ALATEEN*
Saturday YANA Foundation
1185 Lake McGregor Drive, Fort Myers
* Alateen Age Limit: 10-18

Clubhouse Locations

Dry Palms Foundation – 239-997-1314
1251 Lamar Rd – North Fort Myers
From N Cleveland Ave – E on Pondella;
then L on Lamar Rd.

YANA Foundation – 239-481-2539
1185 Lake McGregor Dr – Fort Myers
Cypress Lake Dr to Fiesta Way (Rutenburg Park.)
Fiesta will run into Lake McGregor – go R to club-
house

MEETING LEGEND

AA—SIMULTANEOUS AA MEETING
ALT—SIMULTANEOUS ALATEEN MEETING
B—BEGINNERS' MEETING
C—CLOSED: Anyone affected by someone else's drinking is welcome at any Al-Anon meeting. (Closed specifically refers to observers and professionals)
CON—CONCEPT MEETING
D—DISCUSSION MEETING
LD—LITERATURE DISCUSSION MEETING
M—MEN ONLY MEETING
O—OPEN: Open to the public: (Observers and professionals are welcome)
S—SPEAKER MEETING
ST—STEP MEETING
T—TRADITION MEETING
W—WOMEN ONLY MEETING

*— There has been a change to this meeting